

Tolerations



Toleration: A situation, condition, or influence of any kind that we allow to exist or put up with.

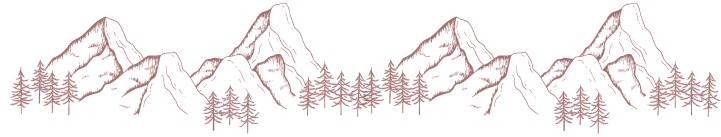
Examples:

- A return you need to take back
- A friend that allows cancels last minute
- Negative attitudes from people you work with
- Not having a spare charger for your desk at work.

List 4 tolerations:

The first step in eliminating tolerations is to create awareness that they are there.

- 1.
- 2.
- 3.
- 4.



Removing Tolerations

CLEANING HOUSE

Next, you will break down each toleration down into achievable steps that will eliminate the toleration.

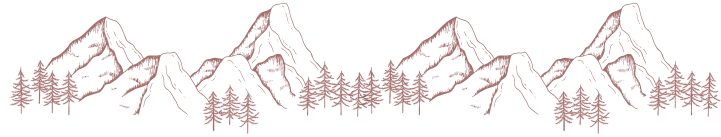
Example Scenario: Your phone is constantly dying at work and it doesn't make it full day.

Toleration: *Phone is constantly dying at work*

Potential Solution: *Purchase a spare charger to have at work.*

Steps to remove:

- Search for a phone charger online.
- Have the charger delivered to work.
- Plug in phone charger at desk.



Removing Tolerations

GETTIN' ENERGY BACK

Toleration #1:

Potential Solution:

Steps to remove:

Toleration #2:

Potential Solution:

Steps to remove:

Toleration #3:

Potential Solution:

Steps to remove:

Toleration #4:

Potential Solution:

Steps to remove: